My STSM at Wageningen University & Research opened up a new field of application for my research in software development, and I can already appreciate its impact: we are about to publish a review on MS imaging applied to food safety and authenticity, and we successfully finalized a global MSCA-PF application that, although not financed, received a very high score.

However, as we used to say "the best things in life are not things," the best aspects of my STSM were not scientific. I met amazing and inspiring researchers and scientists in a truly vibrant environment. Starting with Prof. Dr. Han Zuilhof, the head of my hosting group and Chair of Organic Chemistry at Wageningen University, who holds a PhD in Chemistry and a MA in Philosophy. He was always ready to surprise us with out-of-the-box comments and empowering advices. Also, there were art exhibitions all over the campus, and the amazing campus itself where every sport imaginable is not only doable but highly recommended (even Quidditch!). As a former professional water polo player, I didn't hesitate much before joining the WUR water polo *Pila Ictus* team for training and even a small tournament at the University of Twente (Enschede, NL).

I was also lucky enough to join the yearly group retreat event. We went to the nearby Ouwehands Zoo in Rhenen, which hosts one of the few exemplars of Giant Pandas in Europe.

Still about being in the right place at the right time, I had the chance to attend the opening of the academic year focused on "Shaping Sustainable Futures," and I felt that I was in a place where science is truly directed towards society. It fully made me realize the role of our scientific activity for our communities and for Europe's agenda in general, which brought me closer to science policy.

Looking forward to what the future will bring to me but...thanks to EpiLipidNET, CA19105 – Pan-European Network in Lipidomics and EpiLipidomics, for this great opportunity!















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