

This spring EpiLipidNet gave me the opportunity to do a STSM in April 2022 at the IBMM University of Montpellier in France.

In my PhD-project I analyze lipidoxidation products in food matrices mainly by GC-MS. During my STSM we were able to synthesize a suitable internal standard for my analytical approaches. I had a very competent and close supervision by Dr. Jean-Marie Galano, which has great experience in the synthesis of oxidized lipids and taught me a lot about organic chemistry. It was also really interesting and valuable to get an insight into other working groups and their practical work. I was very warmly welcomed by the whole working group, got in touch with other scientists and had a lot of interdisciplinary exchange.

Despite the “working part” of the STSM I also had a great time after work and on the weekends discovering the cities of beautiful Occitania like Montpellier (of course), Nîmes or Sète. I enjoyed hiking, swimming and – of course - lots of culinary delights. I am very grateful for this whole experience and immediately would do it again!











