

During my scientific mission to the lab of Martin Hof in Prague, Czech Republic, I had a great experience that blended work with exploring the city's rich culture and the beautiful Central Bohemian region. While my main focus was on research, I made sure to take advantage of the time outside the lab!



Prague is a city that feels like it's straight out of a storybook. I had the opportunity to Wandering through its cobblestone streets, observing the stunning architecture—Prague Castle, the Charles Bridge, and the Old Town Square were just as impressive in person as they are in pictures.

> Federica, Sarka. Denisa, Agnieska





Prague by Bike!

Elbe River

Each corner of the city has a unique charm, and it was fascinating to see how the city's history blends perfectly with its modern culture.

Beyond the city, I explored the Central Bohemian region, known for its stunning natural landscapes. I particularly enjoyed cycling along the Vltava River and Elbe River and explore the picturesque villages and historical sites that the region has to offer. The river is a central part of life here, and biking along its banks offered breathtaking views and a peaceful environment. I even found time to swim in the river and some of the local ponds!



the wantin ton

showing me around!

tks to Sarka!

nelnik

Of course, I couldn't leave without diving into the local food. The beer, though, was something else entirely! The variety and quality were beyond anything I'd imagined! Sharing a few pints with my colleagues from the lab was a great way to relax

and experience the local way of life!

Best pub in Ladvi!

LC Silva, Czechia, 2024

Swim buddies!!